



PRINT out; Fill out; Bring to session....Please PRINT....Please PRINT

Name: _____ Date: _____
Address: _____
City: _____ State: _____ Zip: _____
Occupation: _____
Daytime Phone: (____) _____ Evening Phone: (____) _____
E-mail: _____ Significant other: _____
Relationship / Marital Status: _____
Names & Ages of Children: _____ & pets: _____

My health issues are _____

My Doctor's name, address & phone is _____

The diagnosis for my treatments is _____
May Duncan inform your doctor that you came for hypnosis? Yes No
My medications are _____
_____ Any recreational drugs? Y N
I drink this many cups/glasses per day: coffee ___ tea ___ soda ___ alcohol ___ water ___

"I have seen a therapist for _____"

"I prior hypnosis experience is _____"

"I am seeking hypnosis because: _____"

"The result I expect from my hypnosis session is: " _____"

"My favorite color is: _____."

"My favorite place in Nature is: _____."

"I Describe my favorite place as _____"

"What I love to do for fun is: _____"

"My long term dream is: _____"

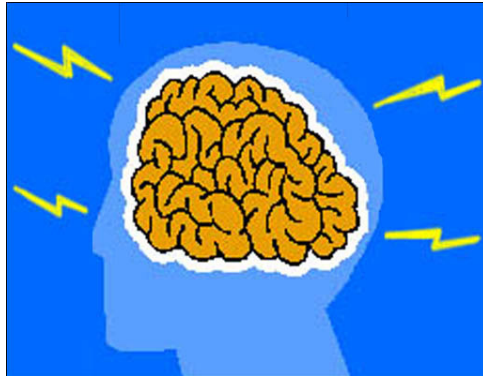
"I am happiest when: _____"

"I found Duncan Tooley through: _____"

"I currently experience: (anything you would rather not): _____"

“Here is some other information that I think may be useful for this session :

”



If you think you can . . . or you think you can't . . . you are right!" -- Henry Ford

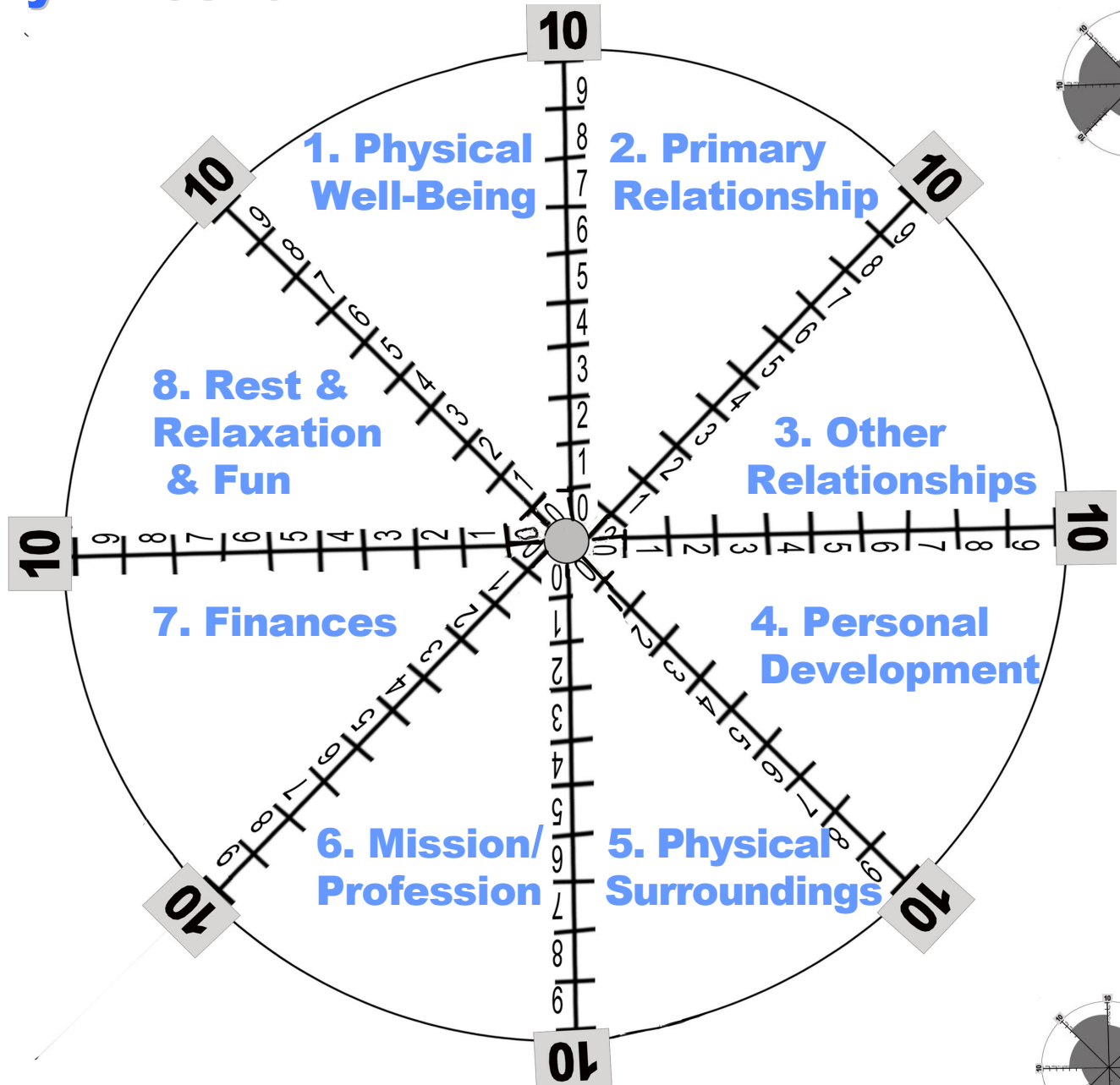
My Wheel of LIFE (use diagram on next page)



Instructions: Rate your level of satisfaction for each area of life by drawing an arc between each side of the pie-piece using a scale of **0** for **“no satisfaction”** and **10** for **“total satisfaction.”**

- 1. Physical Well-Being** - My feelings about my body, health, physical safety, and life expectancy
- 2. Primary Relationship** - My satisfaction with my primary relationship, or with not being in one
- 3. Other Relationships** - My harmony with parents, children, siblings, friends, and associates
- 4. Personal Development** - My processes of spiritual and emotional growth and self-discovery
- 5. Physical Surroundings** - My environment and the energy where I spend time - home, office, car
- 6. Mission / Profession** - Expressing, utilizing, and giving my unique gifts and talents
- 7. Finances** - My success and feelings about giving and receiving money, abundance
- 8. Rest, Relaxation & Fun** - Spending time and \$\$ on myself for regeneration, enjoyment, leisure, fun

My Wheel of LIFE



- Shade in the area from the center to each arc.
- Imagine riding in a car with **wheels like these.....**
- **YOU** are **riding through LIFE** on these wheels, and
- **YOU** have the **power** to improve every aspect of your life!



Ask Duncan to show you how!